



VILLA MONTICELLO

*Experience your own tranquility*



the spa at villa monticello  
cleanse · purify · rejuvenate



## VILLA MONTICELLO

Experience your own tranquility

Welcome to the Spa at Villa Monticello.

Situated in one of the most exclusive and prestigious areas in Accra within Villa Monticello, Ghana's premier boutique luxury hotel, Spa Monticello, provides a tranquil haven in luxurious surroundings in which to enjoy a range of fitness and spa treatments, each designed to rejuvenate both mind and body.

Our comprehensive range of luxurious treatments for both men and women, includes massages, anti-ageing and prescriptive facials, body treatments and luxury hand and foot treatments, all intended to leave you feeling fully pampered from head to toe and your well-being restored.

Whether you are staying with us as a business traveller, enjoying a relaxing holiday, or just wish to sample the delights of Spa Monticello, we invite you to enjoy our range of luxurious treatments as part of the Villa Monticello experience.

Valeria Dettori  
Spa Manager



Courtesy of Sarkly/Repêchage Ltd.

The Spa at Villa Monticello uses Repêchage products in all of our beauty therapies. Repêchage products have pioneered a new concept for wellness and beauty based on the miracles of the sea, combining nature and science to create an entirely new form of skin care.

The key ingredient in all Repêchage products is seaweed, which is known for its oxygenating, detoxifying, rebalancing, nourishing and hydrating properties. Seaweed is also rich in vitamins, minerals, amino acids and proteins, which will give you the smooth, clear, beautiful skin you have always wanted. At Spa Monticello we wanted a product range that would enable us to deliver an excellent standard of therapy and cosmetic aftercare.

We are so pleased to offer our clients an excellent range of Repêchage products for continued use in the comfort of their own home.



### The Four Layer Facial® GHC 135

The Repêchage Four Layer Facial is a premier anti-ageing treatment that guarantees visible results. Experience layer upon layer of pure, fresh, European seaweed that rejuvenates, tones, and helps to firm the skin dramatically. It is suitable for all skin types and perfect as a pre-wedding or anti-ageing treatment.



### The Vita Cura 5 Phase Facial® GHC 135

The Repêchage Seaweed Facial is a true alternative to surgical rejuvenation. It provides an instant trigger to younger looking skin and is specifically designed to invigorate, lift, and firm mature or tired skin. It is also an excellent treatment for advanced skin repair.



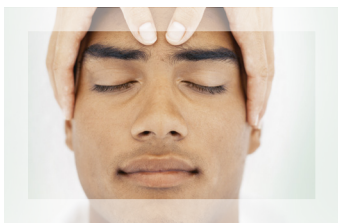
### The Hydra Medic Facial® GHC 90

The Hydra Medic Facial effectively treats problem areas, deep cleanses the pores and re-balances the skin using high frequency and a mask that combats blackheads. This facial is specifically designed for oily to problematic skin.



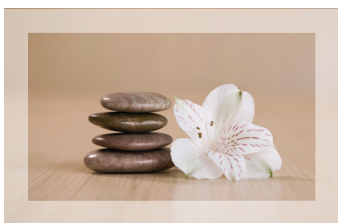
### The Diamond Facial GHC 85

Diamond Dermabrasion and Colour Therapy has been used worldwide and is considered an important tool in the fight against ageing. It is used by dermatologists, plastic surgeons and the beauty industry to achieve exceptional result to even out pigmentation, improve skin texture, smooth out acne scarring and stretch marks. This treatment combines the benefit of the Diamond Dermabrasion and the Colour Therapy with the seaweed base products.



### The Dermatone Vitamin Facial GHC 85

The Dermatone Vitamin Facial is a deep pore cleansing, conditioning, and hydrating treatment that uses galvanism to ionize vitamins, and high frequency to soothe and hydrate the skin. This facial will immediately provide 100% in-depth hydration and superior anti-oxidant protection. This facial is suitable for all skin types.



### The Collagen Facial GHC 90

The collagen facial is very beneficial for anti-ageing. It effectively stimulates the reproduction of collagen and improves skin texture. A collagen facial is a must for any man or woman who is serious about staying one step ahead of the effects of ageing. Microcurrent is used with this treatment to ensure every facial muscle is exercised.



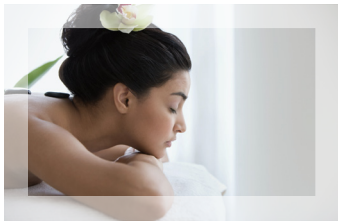
### The Caviar Facial GHC 160

This facial helps to even out the complexion, improve skin texture, reduce fine lines and restore the natural luminosity of the skin. This treatment combines Diamond dermabrasion and a reboosting caviar mask to help firm, hydrate and boost natural collagen levels. The skin will look radiant and flawless straight after treatment and is excellent as an anti-pigmentation facial as well.



### The Japanese Face Lift Massage GHC 55

This massage incorporates a unique blend of highly effective techniques from Japanese massage, complementary Indian head massage and accupressure to revitalise and lift tension from facial muscles.



### The Monticello Sea Spa Cellulite Treatment GHC 90

The most popular cellulite treatment in Europe, a rich seaweed is used to create a fabulous aromatic body shaping treatment. When used in conjunction with a massage, the seaweed, which has excellent detoxifying and slimming properties, helps reduce the appearance of cellulite.



### The Honey Body Polish GHC 95

This nutritious scrub removes dead skin cells, stimulates cell renewal and releases trace elements to revitalise the skin. The fine butters, oils and omega 3 nourish and restore the hydro lipid film, preventing dehydration. A rich intensive moisturising cream is applied thereafter, leaving the skin luxuriously soft.



### The Body Massage GHC 90

This massage uses specially blended aromatherapy oils formulated with natural plant and flower extracts. The powerful scent and controlled pressure stimulate the nervous system, relieving muscular tension, and encouraging a healthy circulation, leaving you feeling relaxed and revitalised.



### The Back, Neck And Shoulder Massage GHC 45

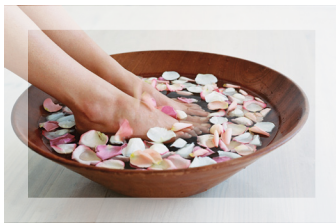
This massage uses specially blended aromatherapy oils that have powerful benefits for body and mind. The therapist carefully applies pressure to relieve aches and muscular tension.

## the spa at Villa Monticello | hand, foot, nail and waxing treatments, and eye care



### Hand Treatment **GHC 45**

This treatment incorporates massage, exfoliation, and a nourishing paraffin mask to help even out pigmentation and leave the skin smooth.



### Foot Treatment **GHC 50**

This treatment incorporates a pressure point massage, sea salt foot scrub, hard skin removal and a nourishing paraffin mask. All leaving your feet soft and revitalised.



### Nail Treatments

Manicure - GHC 30  
French Manicure - GHC 35  
Pedicure - GHC 38  
French Pedicure - GHC 43

Gel nails - GHC 50  
Paraffin wax treatment - GHC 20  
File and polish - GHC 16



### Waxing

full leg - GHC 30  
full leg and bikini - GHC 43  
half leg - GHC 20  
half leg and bikini - GHC 33

bikini - GHC 18  
brazilian bikini - GHC 35  
hollywood bikini - GHC 40  
full leg and brazilian - GHC 60

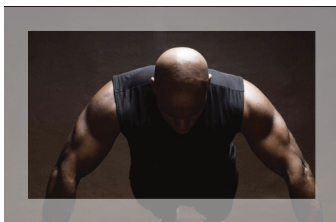


### Eye Care

eyelash tint\* - GHC 30  
eyebrow tint\* - GHC 15  
eyelash and eyebrow tint\* - GHC 38  
eyebrow shape - GHC 25

\*a patch test must be carried out 24 hours prior to tinting treatment

## the spa at Villa Monticello | fitness centre



### Shape And Tone Your Body

You'll find our state-of-the-art fitness centre conveniently located adjacent to The Spa @ Villa Monticello. Reserved exclusively for our hotel guests, our fitness centre features an extensive range of cardiovascular and weight-training equipment created by fitness leader Life Fitness. So whether you're looking to burn a few calories or build some muscle, you'll find everything you need to stay fit at the Villa Monticello, your home away from home.